



The Tyrannosaurus rex, or T. rex, was a giant, meat-eating dinosaur that lived in North America about 68 to 66 million years ago. It could grow as long as a big school bus and stand taller than a house at the hips. T. rex had a huge head with very sharp teeth to eat meat. Its arms were tiny, but its bite was super strong—strong enough to crush bones! Scientists think T. rex could both hunt other animals and eat animals that were already dead. Its eyes and nose were very good at spotting food, which helped it survive in its world.