

Amelia

Amelia (Pronounced: uh-MEE-lee-uh)

Origin: Amelia is a timeless name rooted in the Germanic *amal*, meaning “work” or “industrious.” It is also associated with the Latin *Aemilia*, symbolising ambition and grace.

Popularised by Henry Fielding’s 1751 novel *Amelia*, which features a virtuous and determined heroine, the name carries a legacy of refinement and strength.

Often described as imaginative and empathetic, those named Amelia inspire with warmth and quiet confidence. With variants like *Amalia* and *Emilia*, Amelia resonates across cultures, symbolising growth and elegance. Its continued popularity in English-speaking countries underscores its enduring charm.