

Ava

(Pronounced: AY-vah)

Origin: Ava is a name of Latin and Germanic origin, often linked to *avis*, meaning “bird,” symbolising *freedom, grace, and a light, uplifting spirit*. It also carries historical significance through medieval Europe, where it was associated with *nobility and elegance*. Ava may also derive from the Germanic root *aval*, meaning “guarantee,” or from *Eva*, meaning “life” in Hebrew.

Short, melodic, and timeless, Ava conveys *simplicity paired with sophistication*. Its brevity belies a strong presence, making it both *memorable and versatile* across cultures.

Those named Ava are often seen as *creative, empathetic, and charismatic*, radiating *charm and quiet confidence*. With its enduring appeal and graceful sound, Ava remains a beloved name that embodies *beauty, freedom, and effortless elegance*.