



Henry

(Pronounced: HEN-ree)

Origin: Henry is a name of *Germanic origin*, derived from *Heimirich*, meaning “ruler of the home” or “estate leader.” It combines the elements *heim* (“home”) and *ric* (“ruler”), reflecting qualities of *leadership, wisdom, and noble responsibility*. The name was introduced to England by the Normans in the 11th century via the French form *Henri*.

A name borne by *eight English kings* and numerous European monarchs, Henry carries a distinguished legacy of *strength, intellect, and royal stature*. From *Henry VIII* to *Henry V*, its regal history is deeply woven into British and continental heritage. Yet despite its aristocratic roots, Henry remains *approachable and warm*, blending *tradition with timeless charm*.

Those named Henry are often seen as *thoughtful, loyal, and dependable*, with a *calm confidence* that inspires trust. With variants such as *Henri* (French), *Heinrich* (German), and *Enrique* (Spanish), the name continues to endure across cultures, symbolising *integrity, stability, and enduring grace*.