

Isla

(Pronounced: EYE-luh)

Origin: Isla is a Scottish name derived from the River Isla and the Isle of Islay, off the west coast of Scotland. Its roots lie in the old Scottish Gaelic Ìle, meaning “island,” evoking images of natural beauty, serenity, and strength.

The name gained popularity for its simplicity and lyrical sound, embodying both delicacy and quiet confidence. Isla carries a sense of calm independence, reflecting the tranquil yet powerful essence of the landscapes from which it originates.

Often described as intuitive, graceful, and free-spirited, those named Isla possess a gentle charm and inner poise. With its growing appeal across the English-speaking world, Isla remains a modern favourite that feels both fresh and timeless.