

Mia

(Pronounced: MEE-uh)

Origin: Mia is a name of Italian and Scandinavian origin, meaning “mine” or “beloved.” It is often used as a diminutive of Maria or Amelia, yet it stands beautifully on its own as a modern, elegant name.

Short, lyrical, and expressive, Mia conveys warmth, affection, and a sense of individuality. Its simplicity belies a strong charm, making it a name that feels both contemporary and timeless.

Those named Mia are often seen as spirited, empathetic, and creative, radiating a natural friendliness and quiet confidence. With its global appeal and effortless elegance, Mia continues to be a beloved choice across cultures and generations.