

Noah

(Pronounced: NO-uh)

Origin: Noah is a name of Hebrew origin, derived from *Noach*, meaning “rest” or “comfort.” It holds deep biblical roots, most famously associated with the wise and steadfast figure who built the ark in the Book of Genesis. Noah’s story symbolises *faith*, *resilience*, and *renewal*, as he was chosen to preserve life during the Great Flood and received the rainbow as a sign of divine promise.

Timeless and gentle, Noah has remained a beloved choice across cultures for its *soft strength* and *peaceful spirit*. It carries a sense of *calm determination* and *quiet confidence*, embodying both *compassion* and *courage*.

Those named Noah are often seen as *kind*, *thoughtful*, and *grounded*, with an innate ability to bring *stability* and *warmth* to those around them. Simple yet profound, Noah endures as a name that represents *hope*, *harmony*, and *steadfast grace*.