

Sophia

(Pronounced: so-FEE-uh)

Origin: Sophia is a name of Greek origin, meaning “wisdom.” Revered since ancient times, it was popularised in early Christian tradition as a symbol of divine wisdom and spiritual insight. The name has long been associated with intelligence, grace, and inner strength.

Sophia gained prominence across Europe through royal and noble families, admired for its timeless elegance and serene beauty. Its enduring appeal lies in its perfect balance of sophistication and warmth.

Those named Sophia are often seen as thoughtful, poised, and compassionate, with a natural curiosity and depth of spirit. With beloved variations such as Sofia and Sophie, the name continues to shine across cultures as a symbol of wisdom, grace, and enduring charm.